



Senior Sleep Practitioner- SEND Sleep Service



Location: Hull

The overall purpose of the role is to: To support the delivery of Hull SEND Sleep Service through provision of sleep workshops and 1:1 support.

Read further to find out about whether this role is right for you.

For more information about KIDS please visit www.kids.org.uk.

Our vision is a world in which all disabled children and young people realise their aspirations, and their right to an inclusive community which supports them and their families.

What We Do



KIDS are a national charity, founded over 50 years ago, providing a wide range of support services to disabled children, young people and their families. We support children with any disability from birth to 25 years of age. We also offer our support to the whole family with the aim of giving disabled children a brighter future.

“Your involvement with my family has meant huge practical help during a difficult time. I think the key thing is that KIDS does stuff with and for the whole family, not just the child. I am sure that yours is the kind of service that helps prevent family break up as a result of the strains that a child with a disability brings.”

We cannot change a diagnosis and we cannot cure but we can, and we do, make a very real difference to the lives of families with a disabled child through high quality, practical and tailored services delivered by dedicated professional staff. KIDS provides over 120 different services and works with 80 local authorities throughout England. **In 2018-2019 we supported over 13,500 disabled children, young people and their families.**

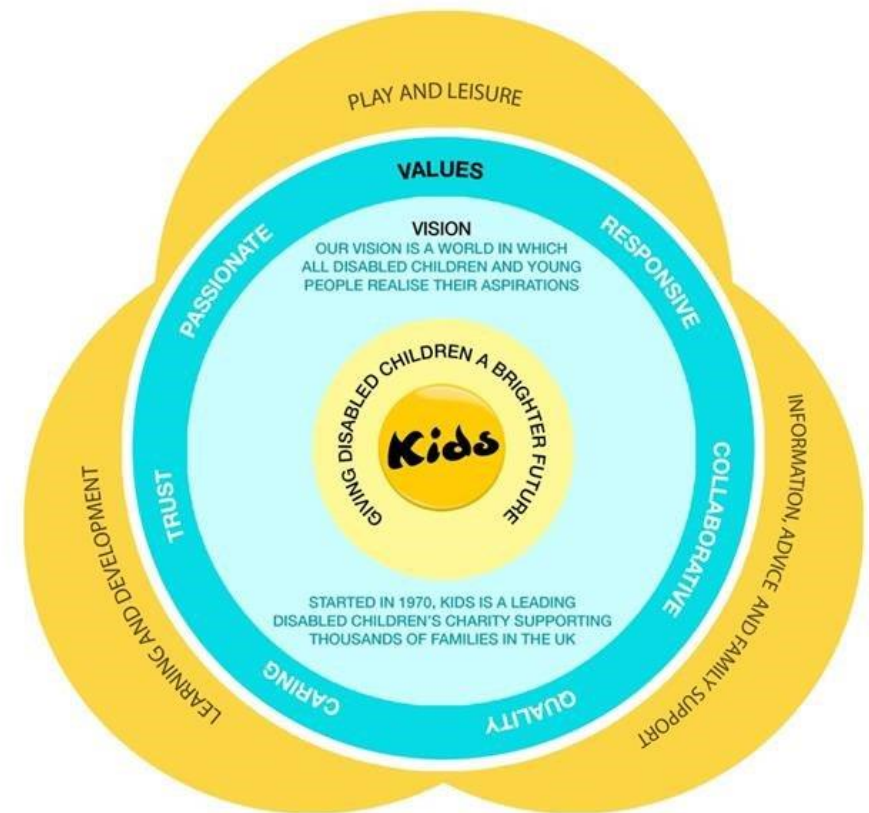
Our values

We are passionate
We are collaborative
We believe in quality
We are responsive
We are caring
We are trusted

We are passionate about making a life-changing, positive difference to the lives of disabled children, young people and their families. Everything we do places the child at the centre of our support, our services then focus on providing care, which wraps around the child within their family.

To learn more about our corporate strategy, please visit
<https://www.kids.org.uk/Pages/FAQs/Category/trustees>.

Our values underpin the work that we do with children, young people, and families in three main areas of their lives — we call these our “circles of support”.



What You Can Expect



Our services

KIDS was established in 1970 by John Mulcahy, a teacher who had become concerned about the development of a disabled child in one of his classes. Looking to improve communication with the child.

John turned to the child's mother for guidance. This sowed the seeds of working in partnership with parents and carers to enable disabled children and young people to develop their skills and abilities and to fulfil their potential, hopes and dreams.

KIDS is a charity which has pioneered a number of approaches and programmes for disabled children and young people. These include Home Learning (Portage), Parent Partnerships, Adventure Playgrounds and the inclusion of disabled children in mainstream educational settings.

KIDS has a rich history and vast experience of meeting the needs of disabled children and young people and families. Therefore, KIDS is well-placed to play a leading role supporting the development of policy affecting this important group in society.



Our benefits

Here at KIDS we want you to know that you are valued, and that we are committed to your safety and wellbeing. Our benefits include:

- Access to KIDS Virtual College: our wide range of interactive e-learning training courses which carry CPD points
- NEST Pension Scheme
- Life Assurance after 6 months service
- Strong sense of achievement from doing meaningful work
- Generous holiday pay
- Extra week of holiday after 4 years' service
- 24 hour helpline to deal with safeguarding issues
- Access to Perkbox benefits and discounts

'Being given the opportunity to make a positive impact on a young person's life' - Ollie, Assistant Practitioner

Safeguarding



KIDS Safeguarding Board acts in an advisory capacity to monitor and continuously improve safeguarding practices throughout the organisation. To read our safeguarding policies, please click on the links below:

[Safeguarding Children and Young People Policy](#)

[Safeguarding Vulnerable Adults Policy](#)

[Disclosure and Barring Service Policy](#)

KIDS is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. All children and young people we work with must, at all times, feel safe.

As part of our commitment to safeguarding KIDS has a safeguarding board with representatives from all parts of the organisation. The board meets regularly to review policy and practice as well as to disseminate learning and good practice. KIDS has a designated safeguarding lead at director and at trustee level.

KIDS follows safer recruitment principles and all staff and volunteers working with children, young people or their families have DBS checks, regular supervision and also safeguarding training.

We work closely with families and co-operate fully with other agencies to take all reasonable steps to minimise the risks of harm to a child or young person's wellbeing. We recognise that whilst not all risks can be eliminated, we must operate in an atmosphere of safe uncertainty. This means that children and young people must feel secure and safe in the face of reasonable risks, but should never be knowingly or unknowingly put in a position of significant harm or abuse.

Job Description



Overall Purpose of Role

To support the delivery of Hull SEND Sleep Service through provision of sleep workshops and 1:1 support.

To work in collaboration with the wider Family support offer provided via Headstart assisting in delivering a range of accredited training and KIDS bespoke programmes for families with children with SEND to improve their family emotional health and wellbeing.



Key Relationships

Internal

- All of the teams within KIDS
- The post holder will report directly to the Sleep/Participation Coordinator

External

- External agencies and providers
- Parents forum, Young Peoples Forum
- Families of disabled children and those with additional needs living in Hull
- The multiagency sleep counsellor team
- Working with practitioners in the statutory sector and other voluntary & community groups

Working Context

- To work flexibly as a team member, including occasional evening work.
- To travel on a regular basis locally
- To liaise with professionals working within KIDS
- To liaise with external agencies
- To undertake other duties at the request of the Regional Manager so far as they are compatible with the aims and level of responsibility of this position

Key Responsibilities



To assist in delivering a range of KIDS parent training programmes for example:

- Autism awareness/SPD workshops
- Resilience Training
- To assist in workshops, sessions and events to promote and deliver sleep workshops and 1:1 support. This includes co delivery with other services, internally and externally to KIDS.
- To offer a range of training opportunities to professionals working across a range of services including those in universal provision.
- To offer short term intervention and support to families via home visits, telephone support and signposting.
- To contribute to the development of new training courses as and when required.
- To work in partnership with parents and in collaboration with other voluntary and statutory organisations
- To offer information, training and advice to families of children and young people aged 1-18 years with disabilities and special needs in Hull with sleep difficulties
- Your role as a Senior Sleep Practitioner includes
- The preparation and delivery of workshops/ sessions/ clinics
- To provide one to one support sessions to families within your service area, devising and taking them through a tailor made sleep programme to fit their child's needs with the support of the Sleep/Participation Coordinator.
- To encourage the family to implement the management techniques through at least fortnightly contact sessions initially.
- To provide telephone/email support thereafter, contribute to social media offer.
- To provide support and advice to colleagues on sleep related issues for families on their caseload.
- To maintain records and monthly statistics of contacts and workload

Key Responsibilities



- To attend regular Sleep Counsellor supervision
- To participate actively in evaluating the service
- To ensure the services provided are sensitive to the needs of families from diverse cultural backgrounds
- To provide Sleep support through delivery of workshops, and offer individual support by case work. To contribute to a wider family support offer through supporting the wider HeadStart/KIDS training programme and work with partners and stakeholders as part of the wider neurodiversity offer in Hull.
- Supporting families to have improved emotional health and wellbeing

Safeguarding Policies and Procedures

1. To be familiar with and fully comply with all KIDS policies and procedures including child protection, safeguarding, health and safety, confidentiality and partnership.
2. To work within the standards required by relevant regulatory bodies.
3. To ensure that the safeguarding and risk for each child or young person is reviewed regularly.
4. To safeguard the health, wellbeing and safety of the children and young people, and if any concerns arise, to immediately report any concerns in line with KIDS policies and procedures.

‘The staff are really friendly and create a nice atmosphere to work in’ - Sarah, Assistant Practitioner

Other Responsibilities

1. To signpost service users to other organisations when appropriate
2. To work in partnership with voluntary and statutory organisations to support service users
3. To take responsibility for personal development, keeping up to date with all legislation and policy regarding special educational needs and disabilities.
4. To represent the service and KIDS at community events to attend local meetings as appropriate.
5. To contribute to the ongoing improvement of the service, sharing good practice, leading team meetings and seeking service user feedback.
6. To ensure the welfare of children and young people is paramount, reporting any safeguarding concerns in an appropriate manner.
7. To maintain a sensitive, confidential and impartial approach at all times.
8. To ensure service delivery meets and ideally exceeds the contractual requirements
9. To attend regular supervisions, training and development

KIDS is committed to safeguarding and promoting the welfare of children and young people and also expects for all staff and volunteers to share this commitment. All children and young people we work with must, at all times, feel safe.

Person Specification



Proven Ability

To be able to carry out this role it is essential that you have the following characteristics:

- Excellent oral and written communication skills.
- Awareness of relevant legislation, i.e. Children and Families Act 2014
- A commitment to working in partnership with parents/carers and their children with the ability to empathise with parents/carers
- Experience of supporting families whose children have additional needs/disabilities
- The ability to work effectively with partner agencies.
- Knowledge and experience of the issues that effect families whose children have additional needs/disabilities
- The ability to manage and organise a mixed workload including facilitating groups, managing a caseload for individual support
- The ability to organise and deliver training workshops
- The ability to work in a team.
- The ability record relevant information on an Information Management System.
- Experience of signposting and providing information and advice.
- Experience of supporting vulnerable families and their children
- The ability to respond flexibly to situations.
- IT skills including excel, powerpoint

Education/Qualifications

Educated to A levels and is educated to NVQ 3 level (or equivalent) in a relevant area

2-5 years relevant work experience in their specialist area.





Person Specification

Desirable criteria

To be able to carry out this role it is desirable that you have the following characteristics:

- Lived experience is desirable
- Previous sleep awareness training or delivery of behavioural interventions
- Experience of using TEAMS for virtual working



Thank you for choosing KIDS. We look forward to receiving your application.